|  |  |
| --- | --- |
| Food: | Canned All Day Breakfast |

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Suggested Brands | Size / Weight (g) | Number of Calories  (Kcal) | Saturated Fat (g) | Carbohydrate (g) | Price  (£0.00) |
| Hunger Breaks All Day Breakfast | 395 | 418.7 | 4.7 | 44.2 | 1.25 |
| Morrison’s All Day Breakfast | 395 | 446.4 | 5.1 | 47.8 | 1.27 |
| Hunger Breaks The Full Monty | 395 | 470.1 | 6.3 | 46.6 | 1.50 |

* Values Shown Per Full Can

Supermarkets Tested

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
| ASDA | Tesco | Morrisons | Sainsburys | Waitrose | Lidl | Aldi | Able & Cole |
| YES | YES | YES | YES | N/A | N/A | N/A | N/A |

*N/A Indicates Either Nutrition Information Not Available On The Company’s Website Or The Company Doesn’t Supply This Brand*